

LS25 & LS26 Local Care Partnership Meeting: 25th November 2021



Project & Other Updates

Planning Ahead

Jo Joy-Jones started in August as the PCN's new Planning Ahead Coordinator. The Planning Ahead Service supports patients with frailty to engage with discussions about their future care options, including topics such as What Matters to Me, preferences for future care, Power of Attorney, will making and funeral planning. Depending on the patient's wants and needs, signposting to local organisations and referrals to talk about advance medical decisions are available too.

The service operates in the patients' homes, with Jo visiting the patient and any other people involved in their care, i.e spouse or their children. The conversations are patient led, with information and advice available in the form of booklets to keep. The conversations are recorded onto the Planning Ahead Template on System 1, including the Recommended Summary Plan Emergency Care Treatment (ReSPECT) form of which a copy is shared with the patient, who is then advised to share their future care plans with their loved ones and carers and display their ReSPECT form in their care plan or somewhere accessible (fridge/noticeboard) so that visitors to the home involved with caring for the patient (paramedics or new carers) can know the patient's wishes.

So far the Planning Ahead Service has received 7 referrals from staff at Oulton Medical Centre, Kippax Hall and Garforth NET.

Challenges associated with delivering the Planning Ahead Service include the emotive nature of the conversations as well as making sure everyone is heard. Successes of Planning Ahead Service include the areas of conversations covered, patient's wishes being recorded onto the Planning Ahead Template and the thanks and comfort the patients expressed. The Planning Ahead Service is currently developing what will count as measurable outcomes for success, both in relation to quantitative and qualitative data.



PAS Case Study.docx

Please see an attached case study:

The criteria for being referred into the service is to live in LS25/26, have frailty and have expressed an interest in talking about their future care options. Referrals emailed jo.joy-jones@nhs.net please with the patients name, GP and any relevant information relating to their future care.

Obesity

Hilary & Martin updated us on the Healthwatch Leeds report and the actions we signed up to, captured in the below document:



HWL report
Response Form LS25-

Martin updated that there has been a lot citywide planning from public health to enhance tier 2 weight management work using a range of partners across the city. For example, Leeds Rhinos were advertising for a weight management course for men which was based in Oulton. However, this offer has had to be halted because of lack of referrals. From the discussion in the meeting, no partners were aware of this course, which may be due to a lot of offers getting lost in mountains of emails. This reinforces the need to share information in a way that works, and maybe using the cooperate website is still a way for us to try.

Martin shared this link about enhanced weight management offer available now in Leeds:

<http://www.leedsfitnessoffer.co.uk/love-yourself/love-yourself-every-body-can/>

Action: Holly to look at data for OYL to see if comms have been effective and fee this back to Obesity T&F group

Actions for all:

- Please share the microgrant advert with your networks, more info can be found here: <https://drive.google.com/file/d/1oRh2Tw8mSc4nnrCgDnNmc7BstqAUWI8A/view?usp=sharing>



Microgrant poster
ls2526 - extended.pdf

- Let kate.frost4@nhs.net know if you would like to be part of the Obesity T&F group who will refresh in the new year

Active Travel

At the last LCP meeting, we updated that the active travel work was in a coproduction stage. Since then, Martin has lead three focus groups in this area and from these groups, three main themes to progress were agreed on with local people:

- Mapping local routes
- Easy walking
- Easy cycling

Martin's holding a T&F group tomorrow to progress actions and has support from a group of local people to map easy walks and cycles and potentially produce a booklet like the Kippax walking book, single laminated walks to be left in community locations people can follow, including maybe from healthcare professionals, and a digital offer of all this information, via the Love Explore app.

Martin is looking to recruit for volunteers in the Rothwell area to support this. If you are aware of anyone, please let martin.lee@leeds.gov.uk know. Mapping work to start in the new year.

Sharon Elliot from the schools cluster, flagged families and schools could be the missing link to some of the stuff we are trying to promote.

Action: Martin to share information with Sharon and Keith to share via schools in the area.

NEW: Carers

At our last LCP meeting, we agreed to form a Strategic Planning group to plan and lead the work of this LCP, made up of local representatives of the LCP. We met in August for the first time, and agreed our remit as a group, how we could develop a local health and wellbeing plan, and started to discuss how we would potentially be able to work together to improve health inequalities in our area, and what we thought were the priority health inequalities that could be tackled by a partnership approach.

The PCN have been tasked with undertaking some work to improve health inequalities, and brought this for discussion to the strategic planning group. They updated that they would be looking at the cohort of Carers we decided this would be an area that needed a LCP approach. The PCN will be looking to improve their identification of carers. This is a great piece of work, but the LCP approach comes in to then look at how we better support identified or unidentified carers in our area.

Why carers?

- As a PCN we have a higher than average number of carers with an older population, and more frail patients
- We are aware that carers are a group that struggled during the pandemic
- Covid vaccinations allowed us to identify previously unknown unpaid carers
- Carers can neglect their own health and wellbeing while supporting the individual they care for

LS2526 are not the only area looking at working together to support carers, so with this in mind, as an LCP Development Team, we have been in contact with Carers Leeds and happy to be able to offer an awareness training session for LCPs in January. Details of this will follow when agreed, but we are looking at a session on the 26th January, online.

In the meantime, the carers working group have an ask of the LCP: a paper exercise to understand what is already in place for carers, and clarity of roles we all have in supporting carers. The strategic planning group would also like us to do a similar exercise to pool what we as partners are already doing to achieve the city's health and wellbeing plan.

Actions for all:

- **Fill in this spreadsheet for your organisation and return to Kate.frsot4@nhs.net by 20th December**



LS2526 LCP H&WB
Plan Analysis.xlsx

- Let Kate know if you would like to join the Carers Working group

Winter Wellbeing

We ran out of time in this meeting to talk through winter wellbeing. There are some items in the general digest about winter wellbeing too.

Actions for all:

- Take time to view this video and share with your teams to understand public health winter wellbeing messages for this year: <https://youtu.be/awV8RVYSgdo>
- Let kate.frost4@nhs.net know if you would like to have a workshop about this subject to understand what we are all doing to avoid any duplication and address any gaps in support for our population this winter.

Partner Updates

As the LCP has not met since July, this was a chance for all partners to give any updates on their teams or organisations.

Keith Lander & Sharon Elliott – School Clusters

- We welcomed Keith & Sharon to their first LCP meeting.
- Clusters have asked schools to identify most vulnerable families to support over the Christmas period, and supporting food parcels and gifts.
- Family Support services and counselling still operating as they have been.

Lesley Freeman & Hilary Brockway – Primary Care Network

- All practices continuing with Flu and COVID boosters until the end of January.
- Increasing demand on Primary Care services.
- PCN are very busy with recruitment and different roles to support practices and demand.
- Message to share: Please be kind to our reception staff, as taking brunt of this frustration. Our doors are open, demand is huge, and we are offering other services to GP appointments which may be more appropriate services for presenting problems rather than waiting for a GP appointment to then refer you into that service.
- Leg Club is up and running in Garforth and should be developed in Rothwell in new year.

Jess Inglis – Age UK Leeds

- Prosper project is going well in Garforth, and some good feedback from patients - really strong message back about how patients from Garforth MC think and appreciate practice.
- Age UK Leeds continuing as business as usual
- Current push for winter warm advice and support – please get in touch for this if needed

Katie Linstead - Community Pharmacy

- Closing hypertension diagnosis gap – launched hypertension case finding service. Blood pressure clinic and then able to do monitoring. All feedback to GP and record. Open to anyone over 40, who hasn't been diagnosed with hypertension.
- Also able to do blood pressure checks on behalf of GPs for any prescribed medication need
- Continuing working closely with GPs to refer into pharmacy. A GP receptionist is able to refer to community pharmacy for certain conditions rather than take up appt, such as Hayfever, cold and flu advice.
- Still offering lateral flow test service, where you can pick up two kits at a time. Please get a collect code from gov.uk site – [Get a collect code to pick up coronavirus \(COVID-19\) rapid lateral flow tests](https://www.gov.uk/get-a-collect-code-to-pick-up-coronavirus-covid-19-rapid-lateral-flow-tests) - [Get a coronavirus test - GOV.UK \(test-for-coronavirus.service.gov.uk\)](https://www.gov.uk/get-a-coronavirus-test)
- Currently doing 2 audits - an anti-coagulation audit and issuing alert cards, and an antibiotic guardianship audit: when prescribing an antibiotic completing a checklist to ensure antibiotic usage is effective.
- Overall, extremely busy and echo the good will message as per primary care.
- Will be revisiting their Obesity Audit in Jan – Kate to check in with Katie about this.

Martin Lee – Active Leeds

- From the 15th December, Kippax and Rothwell pools will be shut for re carbonisation work, until mid-Jan.
- Garforth gym is currently shut for its refurb and will reopen start of dec.
- Active Leeds health programmes have re-mobilised to face to face delivery. Successful sessions at Garforth NET so far
- Any space locally for health programme sessions, please let Martin.lee@leeds.gov.uk know as wanting to use community spaces
- All programmes open for referrals which can be made via the Active Leeds website.

Holly Birkinshaw – One You Leeds

- Face to Face clinics are back, with 5 across Leeds for weight management. and smoking
- Looking to expand this offering to more venues in communities but keep remote services too.
- Offer for capacity to do community engagement and info sessions about their services, especially as know January is a period where people look to improve their health. This could be at any events you're holding, in foyers or even at vaccination clinics
- Also have a lot of leaflets at the moment, so please get in touch with Holly.Birkinshaw@reedwellbeing.org.uk to use some of these resources.

Briony O'Sullivan – Memory Support Worker

- Currently offering face to face and telephone support due to service user need or professionals working arrangements
- Hoping to get back to groups in the new year
- Still open for referrals

Jonathan Holdsworth – Linking Leeds

- Linking Leeds Wellbeing Coordinators are back in GP practices now, but still supporting majority of people via telephone support.
- Demand for face-to-face appointments is increasing, and Wellbeing Coordinators are increasing relationships with GP practices and available for team meetings to explain their offer, including with pharmacy teams.
- Referrals increased quarter to quarter. 121 referrals this quarter, up from 107 last quarter. All practices referring in, and LS2526 is a significant proportion of city wide monthly figures.
- Main referral reason is mental health and anxiety, and working with PCN to look how to support people better in winter, and looking to do some navigational training with reception staff to refer to straight to Linking Leeds rather than a GP Appt.
- If you have update information or services to share, please email bulletin@commlinks.co.uk who can share this weekly with their staff
- Still open for self-referrals too, via: <https://www.linkingleeds.com>

Sian Cartwright– Carers Leeds

- Carers Leeds will be back in offices on The Headrow from January.
- From early spring, will be able to see Carers in this venue, both drop in and booked appointments
- However, the long-term vision is to have more community-based hubs to see people in.
- Current confusion on booster info again for carers under 40, so doing some work on clearer messages.
- Additional money from LHTT to increase support offer for carers support worker in hospitals
- And finally, are currently recruiting to a few posts but struggling as poor numbers of applicants. This was something other partners were experiencing too.

Monica Walker – Garforth NET (Via email)

- Garforth NET have recently held some information days about their new role as Community Care Hub Lead Organisation for Garforth and Kippax, Swillington & Methley wards. More information can be found in the attached letter. The days included support from other organisations such as the Green Doctor, RSPB, Climate Action Leeds, local Lions to name a few, representing a great variety. Look out for some photos to come!



Community
Connections letter to

Digest Messages

We are trialing a new, more inbox friendly way of sharing the LCP Digest which is usually attached to the notes from an LCP meeting. Please find the most up to date digest messages at the bottom of our home page on our [website](#).